

CERTIFICATE OF PARTICIPATION

This is to certify that

Jelize van Staden

Has successfully participated & completed the
8km Shift Wellness - Trail Run, The Shift Series
held at Walter Sisulu Garden.

TIME 01:21:00

PACE 10:06/km
OVERALL 64 of 166

GENDER 22 of 88
OPEN 17 of 51

23 June 2019, Sun

Date



BoutTime

Signature

